




## Training Events Listing February Trainings

February							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Thursday, February 6, 2025	6:00 pm- 8:00 pm	Online Webinar		Reality Bites	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 30, 2025
Wednesday, February 19, 2025	6:30 pm- 8:30 pm	Online Webinar		Process Art in Early Childhood Education	Cheryl Joseph, Professor, Oakton Community College	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, February 12, 2025
Monday, February 24, 2025	6:00 pm- 8:00 pm	Online Webinar		Talking to Children About Race	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, February 17, 2025

## February (ctd)

Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Wednesday, February 26, 2025	6:00 pm- 8:00 pm	Online Webinar		Open Hearts, Open Minds: Challenging Bias in ECE	Andrea Cossey, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, February 19, 2025
Thursday, February 27, 2025	6:30 pm- 8:30 pm	Online Webinar		Building Reflective Supervision Practices	Cheryl Joseph, Professor, Oakton Community College	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, February 20, 2025

## Building Reflective Supervision Practices

This workshop introduces early childhood directors to reflective supervision, a process that supports teachers in reflecting on their practice and challenges. It emphasizes the benefits, including improved teacher retention and teaching quality, and provides practical steps for implementation, such as setting clear expectations and creating safe spaces for dialogue.

**Audience: All Providers with a focus on those in leadership roles**

**Level of Learning: Introductory**

## Open Hearts, Open Minds: Challenging Bias in ECE

During this training we will discuss the formation of implicit and explicit bias. We will focus on the potential negative impact of bias on the way one perceives and communicates with co-workers, children, and parents in the early childhood setting. The intention of the training is to build self-awareness of personal bias and heighten sensitivity to the lasting damage it can introduce into the early childhood classroom.

**Audience: All Providers**

**Level of Learning: Introductory**

## Process Art in Early Childhood Education

Process art versus product art; do you know the difference between them? Learn about how process art experiences benefit the children in your care and what you can do to support it in your classroom or program.

**Audience: All Providers**

**Level of Learning: Introductory**

## Reality Bites

Biting is a normal and expected reality in child care programs serving toddlers. Participants will learn about the developmental, emotional, and environmental causes of biting and explore strategies and techniques to help children who bite. The importance of developing effective policies to address biting incidents will also be discussed.

**Audience: All Providers**

**Level of Learning: Intermediate**

## Talking to Children About Race

Conversations about race with your children can never start too early. Teaching children about race can be a scary process, but it is a great opportunity to teach yourself and our children in your care. In order for children to flourish in a diverse world, educators must cultivate positive identities, encourage belonging, and prepare them for civic engagement. This training aims to help educators nurture an environment that embraces all in the classroom by celebrating differences. Together we will engage in reflective practices and wonder.

**Audience: All Providers**

**Level of Learning: Intermediate**



## CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

**To register, providers are required to have a current 4-C membership.**

*All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation*

<b><i>Date</i></b>	<b><i>Location</i></b>	<b><i>Time</i></b>	<b><i>Trainer</i></b>	<b><i>Registration Deadline</i></b>
Saturday, February 1, 2025	Loveland Community House 513 W 2 <sup>nd</sup> St, Dixon	8:30 am-12:30 pm	Maria Lombardo, Director, Kishwaukee College Early Learning Center	Monday, January 20, 2025
Saturday, February 8, 2025	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Asst. Director, The Growing Place	Monday, February 3, 2025
Wednesday, February 12, 2025	Northern Illinois University Child Development and Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, NIU Child Development and Family Center	Wednesday, February 5, 2025