



Training Events Listing January Trainings

January							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Monday, January 6, 2025	6:00 pm- 8:00 pm	Online Webinar		An Introduction to Contracts and Policies for Child Care Centers	Maggie Fern, 4-C Recruitment, Retention, Referral, and Outreach Specialist	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, December 30, 2024
Thursday, January 9, 2025	6:00 pm- 8:00 pm	Online Webinar		Uncovering the Roots of Challenging Behavior	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 2, 2025
Thursday, January 16, 2025	6:00 pm- 7:30 pm	Online Webinar		Tax Information for Family Child Care Homes	Michael Allen, CPA	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 9, 2025

January (ctd).

Tuesday, January 21, 2025	6:00 pm- 8:00 pm	Online Webinar		Emotional Intelligence	Andrea Cossey, 4-C Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Tuesday, January 14, 2025
Thursday, January 23, 2025	6:00 pm- 8:00 pm	Online Webinar		Understanding and Building Support for Sensory Processing Needs in Your Classroom	Marquita Myles, 4-C Infant Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Thursday, January 16, 2025

February (January registration deadline)

Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Tuesdays February 4, 2025 February 11, 2025 February 18, 2025 February 25, 2025	6:00 pm- 9:30 pm (2/4 & 2/11) 6:00 pm- 9:00 pm (2/18 & 2/25)	Online Webinar		Strengthening Business Practices for Child Care Centers	Rochelle Golliday, ITN Trainer	Free Training	Friday, January 3, 2025

An Introduction to Contracts and Policies for Child Care Centers

Do you need to write your first contract and policy for your child care center? Do you have a contract and policy but are wondering if it has everything you need? In this workshop we will identify the difference between contracts and policies, give examples of what goes into contracts and policies, and apply the information to new or current contracts and policies.

Audience: Child Care Center Leadership

Level of Learning: Introductory

Emotional Intelligence

This training will explore emotional intelligence, which is the ability to perceive, interpret, demonstrate, control, evaluate, and use emotions to communicate with and relate to others effectively and constructively. We will dive into your understanding of emotions and how we can support emotional intelligence in the classroom.

Audience: All Providers Caring for Infants, Toddlers, Twos, and Preschoolers

Level of Learning: Introductory

Tax and Recordkeeping for Family Child Care

Does keeping up with current tax laws as it relates to self-employed business practices seem overwhelming? Learn what it means to be self-employed, how to track income and expenses, and what business expenses can be deducted. Gain other useful resources for tax planning.

Audience: All Family Child Care Providers

Level of Learning: Introductory

Uncovering the Roots of Challenging Behaviors

Children exhibit behaviors that providers define challenging even at an early age, especially when they interfere with their daily lives. To help understand behavior from infancy through school-age, this training will explore the causes, concerns, and questions that arise. Adults must be ready to engage, connect, become curious, and respond positively. By exploring and collaborating with young children early on, we can help them develop powerful alternatives to communicate their needs and develop appropriate skills.

Audience: All Providers

Level of Learning: Introductory

Understanding and Building Support for Sensory Processing Needs in Your Classroom

When a student is exhibiting challenging behaviors in the classroom, it is important to consider whether the root cause is related to their sensory processing needs, meaning it is more “sensory” than purely “behavioral”. Difficulties with sensory input can often manifest as behavioral issues; therefore, addressing sensory needs may be the key to managing behavior effectively. This training explores ways to perform your observation and identify moments where we can help children who are struggling.

Audience: All Providers

Level of Learning: Introductory



CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

To register, providers are required to have a current 4-C membership.

All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation

<i>Date</i>	<i>Location</i>	<i>Time</i>	<i>Trainer</i>	<i>Registration Deadline</i>
Saturday, January 4, 2025	Loveland Community House 513 W 2 nd St, Dixon	8:30 am-12:30 pm	Maria Lombardo, Director, Kishwaukee College Early Learning Center	Friday, December 20, 2024
Saturday, January 11, 2025	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Asst. Director, The Growing Place	Friday, January 3, 2025
Wednesday, January 15, 2025	Northern Illinois University Child Development and Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, NIU Child Development and Family Center	Wednesday, January 8, 2025