



Training Events Listing October Trainings

October							
Date	Time	Location <i>Face to Face Trainings Noted in Purple</i>		Title	Trainer	Fee	Registration Deadline
Monday, October 7, 2024	6:30 pm- 8:30 pm	Online Webinar		An Anti-Bias Approach to Recognizing the Holidays	Cheryl Joseph, Associate Professor of Early Childhood Education, Oakton College	Fee: Non 4-C Members: \$10, 4-C Members: Free	Monday, September 30, 2024
Wednesdays, October 16, 2024 and October 23, 2024	6:00 pm- 8:00 pm	Online Webinar		Trauma in Early Childhood: How Does It Affect Children in Your Care?	Andrea Cossey, 4-C Early Childhood Mental Health Consultant	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, October 9, 2024
Wednesday, October 30, 2024	6:30 pm- 8:30 pm	Online Webinar		Choose It, Use It: Great Circle Time Picks	Cheryl Joseph, Associate Professor of Early Childhood Education, Oakton College	Fee: Non 4-C Members: \$10, 4-C Members: Free	Wednesday, October 23, 2024

An Anti-Bias Approach to Recognizing the Holidays

An anti-bias approach to recognizing holidays prioritizes inclusivity and respect for diverse cultural backgrounds. Instead of focusing on mainstream or dominant holidays, early childhood programs celebrate various cultural and religious observances, ensuring children feel represented and valued.

Taking an anti-bias approach to recognizing the holidays will help you foster a learning environment where children learn about and appreciate different traditions, cultivating empathy and understanding. By incorporating various holidays into the curriculum, early childhood professionals promote inclusivity and empower children to embrace the richness of cultural diversity in their learning experiences.

Audience: All Providers

Level of Learning: Introductory

Choose It, Use It: Great Circle Time Picks

Why is Circle Time important? What do we already know about Circle Time? Circle Time is valuable in a variety of ways: it builds relationships, builds a sense of community in the classroom, provides an avenue to share ideas, engage in conversation, offers a time to listen to others and develop skills as members of a social group. Join us as we talk about offering successful Circle Time activities as well as things to avoid.

Audience: All Providers

Level of Learning: Introductory

Trauma in Early Childhood: Does It Affect Children in Your Care?

Participants will learn how trauma affects the developing brain. The way the brain is affected often reveals how and why a child may react or interact in a particular way, after experiencing the trauma. Caregivers will be involved in a discussion about their knowledge of trauma and how to best support children in their program who may have endured traumatic experiences. *If you have taken a training with a similar title with Andrea, you will still be provided with new information. **Participants must attend both sessions to receive credit.***

Audience: All Providers

Level of Learning: Intermediate

It's All STEAM: Learning How STEAM Is Involved in All the Things We Do

What is STEAM you ask? STEAM stands for science, technology, engineering, arts, and mathematics. Spend time learning about different ways to integrate STEAM into your daily activities, highlight social and emotional learning through our STEAM Essentials, and examine the importance of STEAM in the future of our youth. You will walk away with lesson ideas, activities, and more in this interactive session. We have a combined 50 years of experience in education, STEAM, and SEL and are passionate about bringing STEAM experiences to all students.

Audience: All Providers

Level of Learning: Introductory



CPR/First Aid Trainings



Training fee is waived for providers caring for families in Carroll, DeKalb, Lee, McHenry, Ogle, or Whiteside counties. Reimbursement is available for providers taking CPR/First Aid outside of 4-C. See guidelines on the training calendar page of our website.

To register, providers are required to have a current 4-C membership.

All CPR/First Aid Trainings offered by 4-C qualify for both CCAP Health and Safety Training Hours and CCAP Health and Safety Orientation

<i>Date</i>	<i>Location</i>	<i>Time</i>	<i>Trainer</i>	<i>Registration Deadline</i>
Saturday, October 5, 2024	McHenry County Mental Health Board 620 Dakota St, Crystal Lake	8:30 am-12:30 pm	Annie Johnson, Asst. Director, The Growing Place	Monday, September 30, 2024
Wednesday, October 9, 2024	Northern Illinois University Child Development and Family Center 220 Annie Glidden Rd, DeKalb	6:00 pm-9:00 pm	Amy Lofthouse, Associate Director, NIU Child Development & Family Center	Wednesday, October 2, 2024
Saturday, October 26, 2024	Loveland Community House 513 W 2 nd St, Dixon	8:30 am-12:30 pm	Maria Lombardo, Director, Kishwaukee College Early Learning Center	Monday, October 21, 2024